

Home and away: global development, internationalisation, and well-being

SW Name:	Home and away: global development, internationalisation, and well-being
Dates:	22nd - 26th May 2023
Short description:	The objective of the international Staff Week "Home and away: global development, internationalisation, and well-being" is to bring together higher education staff (administrative and academic staff, particularly from International Relations Offices, Erasmus coordinators, and staff involved with internationalisation) to discuss and explore the latest developments regarding global challenges impacting international development and well-being, with a focus on identifying innovative approaches and strategies to promote sustainable internationalisation and to improve quality of life. The international Staff Week aims to provide a platform for discussions, networking and collaboration opportunities, and to foster cross-cultural understanding and partnerships.
Keywords:	curriculum development, emergency planning, employability, global challenges, internationalisation at home, service offer, well-being

SW Programme

Start time	Monday	Tuesday	Wednesday	Thursday	Friday
09h00	Registration	Keynote session - UCLAN	Campus tour	Tai Chi class	Photo shooting
10h00	Ice breakers	Session 1 - AU	Session 2 - UCLAN	Session 3 - Invited speaker	Closing session - Co-hosted
11h00	Welcome session - AU				
noon	Welcome lunch	Lunch break	Shared lunch	Lunch break	Attendance certificates
13h00					
14h00		Workshop 1 - Co-hosted	Workshop 2 - Co-hosted	Workshop 3 - Invited speaker	
15h00	French crash course				
16h00	City tour	Networking	Cultural activity 2	Networking	
17h00					
18h00		Cultural activity 1		Farewell dinner	
19h00		Drinks in town (optional)			
20h00					

Color key:	Formalities	Sessions or workshops	Cultural activities	Eating and drinking
------------	-------------	-----------------------	---------------------	---------------------

Sessions and Workshops

Welcome session	Opening speech by senior figures in the university.	Speaker: Professor Anne-Sylvie Tixier, Vice President for International Affairs of Avignon Université, and Françoise Arfelli. Theme: "Welcome and presentation of the Staff Week (activities, goals, outcomes)".
Keynote session	This session shall set the tone and summarise the core message of the Staff Week.	Speaker: Karen Crolla-Barker. Theme: "Global Mobility in an Ever-Changing World". Keywords: best practices, global challenges, online experience
Session 1	Sessions shall be focused on transferring knowledge.	Speaker: Françoise Arfelli. Theme: "Internationalisation at home". Keywords: internationalisation at home, non-mobile students and staff, the role of an international relations office, staff mobility
Workshop 1	Workshops shall be focused on transferring skills.	Speaker: Guilherme Santos Grise and Shirley Russo. Theme: "International relations offices and their particularities: promoting a positive work culture". Keywords: office communication, office well-being, positive work culture, stress management, teamwork, work-life balance, mental health.
Session 2	Sessions shall be focused on transferring knowledge.	Speaker: Karen Crolla-Baker and Shirley Russo. Theme: "Student support: passport to employability on the global market". Keywords: added value of student mobility, global graduate students, student employability
Workshop 2	Workshops shall be focused on transferring skills.	Speaker: Gladys Goudou and one staff member from UCLAN. Theme: "Preparing students for international mobility". Keywords: barriers to student mobility, curriculum development, understanding student profiles
Session 3	Sessions shall be focused on transferring knowledge.	Speaker: Invited speaker Theme: TBD
Workshop 3	Workshops shall be focused on transferring skills.	Speaker: Speaker: Prof. Dr. Marion Hoeren (THM Giessen) Theme: "Pushing the barrier: intercultural well-being." Keywords: activities and games, integration (with local and other foreign students), pushing the barriers, sense of belonging (city, university), student associations, well-being (physical, psychological, social)
Closing session	This session shall conclude the Staff Week, touching the different subjects discussed during sessions and workshops. Participants will be asked to confront their expectations with the results of the week, and propose themes for the 2024 edition.	Speakers: one staff member from AU and UCLAN. Theme: "Roundtable: your turn to shine". Participants ask questions and share their experiences.

Detailed Programme

Time	Monday	Description
09h00	Registration	Participants register, and receive their "Welcome Kit". Refreshments: coffee, tea, and croissants.
10h00	Ice breakers	Light and funny activities aimed at breaking the ice among the participants and speakers.
11h00	Welcome session	Opening speech by senior figures in the university.
noon	Welcome lunch	Welcome lunch offered to the participants by AU.
13h00		
14h00		
15h00	French crash course	Easy-going French crash course on "Survival French".
16h00	City tour	Visit of Avignon.
17h00		
Time	Tuesday	Description
09h00	Keynote session	This session shall set the tone and summarise the core message of the Staff Week.
10h00	Session 1	Sessions shall be focused on transferring knowledge.
11h00		
noon	Lunch break	Participants are free to choose where they wish to have lunch.
13h00		
14h00	Workshop 1	Workshops shall be focused on transferring skills.
15h00		
16h00	Networking	Timeslot for participants to meet, connect, and build professional relationships with one another.
17h00		
18h00	Cultural activity 1	Cultural activities shall be focused on highlighting local cultural heritage. TBC: "French cheese tasting" by local cheesemonger.
19h00	Drinks in town (optional)	Optional activities fees are paid by the participants themselves.
20h00		
Time	Wednesday	Description
09h00	Campus tour	Visit of Avignon Université downtown campus.
10h00	Session 2	Sessions shall be focused on transferring knowledge.
11h00		
noon	Shared lunch	Participants are invited to bring traditional food from their home country / region to be shared.
13h00		
14h00	Workshop 2	Workshops shall be focused on transferring skills.
15h00		
16h00	Cultural activity 2	Cultural activities shall be focused on highlighting local cultural heritage. TBC: Visit of Avignon bridge.
17h00		
18h00		
Time	Thursday	Description
09h00	Tai Chi class (optional)	Sports activity should be open to all participants (including persons with handicap), and should not require any specific apparel.
10h00	Session 3	Sessions shall be focused on transferring knowledge.
11h00		
noon	Lunch break	Participants are free to choose where they wish to have lunch.
13h00		
14h00	Workshop 3	Workshops shall be focused on transferring skills.
15h00		
16h00	Networking	Timeslot for participants to meet, connect, and build professional relationships with one another.
17h00		
18h00	Farewell dinner	Farewell dinner offered to the participants by AU.
19h00		
Time	Friday	Description
09h00	Photo shooting	Group photo, each participant gives a brief testimony and feedback on the Staff Week.
10h00	Closing session	This session shall conclude the Staff Week, touching the different subjects touched during sessions and workshops.
11h00		
noon	Attendance certificates	Participants receive their certificates of participation.